YOUR MOVE
WITH ANDY STANLEY

SERIES: HOW TO START REPAIRING BROKEN RELATIONSHIPS

Episode 1: "No Regrets"

When it comes to repairing broken relationships, no one responds well to being convinced, coerced, convicted, or controlled. But if these approaches don't work, how else can we fix the broken relationships in our lives?

QUESTIONS

01 In your relationships do you typically seek to convince, coerce, convict, or control the other person when things go wrong? Explain.

02 How has repairing broken relationships been modeled to you throughout your life? What have you seen work well and what have you seen end poorly when it comes to repairing a broken relationship?

03 When it comes to repairing broken relationships, do you have a harder time with forgiveness or the actual act of reconciling (i.e. coming back together) with the other person? Explain.

04 Think about a broken relationship in your life. Practically, what could it look like to take a step and move toward that person? What holds you back from taking that step?

NOTES

BOTTOM LINE

Repairing broken relationships is uncomfortable and unintuitive; but it's helpful to remember the goal isn't reconciliation, it's no regrets.

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